

PRICING OPTIONS

Step 1:

THE METABOLIC ASSESSMENT \$1000 + LAB FEES*

(ONE-TIME PURCHASE)

- MEDICAL INTAKE AND BLOOD DRAW
 - FOOD SENSITIVITIES
 - COMPREHENSIVE BLOOD ANALYSIS
 - LAB REVIEW AND TREATMENT PROTOCOL
- DEXA BODY COMPOSITION SCAN
- ORTHOPEDIC ASSESSMENT
 - IN-DEPTH JOINT-BY-JOINT EXAM

*PRICING VARIANCE IS DUE TO POTENTIAL DIFFERENCES IN LAB FEES, BASED ON THE DOCTOR'S RECOMMENDATIONS

Step 2:

1-HR PERSONAL TRAINING SESSIONS

- 60 MINUTES OF HIGH-QUALITY 1-ON-1 COACHING
- ONGOING DEXA BODY COMPOSITION SCAN INCLUDED*
- ONGOING NUTRITION COACHING INCLUDED*
- ONGOING TRAINING PROGRAM DESIGN INCLUDED*

*REQUIRES TRAINING 8X PER MONTH OR MORE

PEAK HOURS: 5AM - 11AM

- SINGLE SESSION \$195
- 10 SESSIONS \$1900

MID DAY: 11AM - 4PM

- SINGLE SESSION \$185
- 10 SESSIONS \$1800

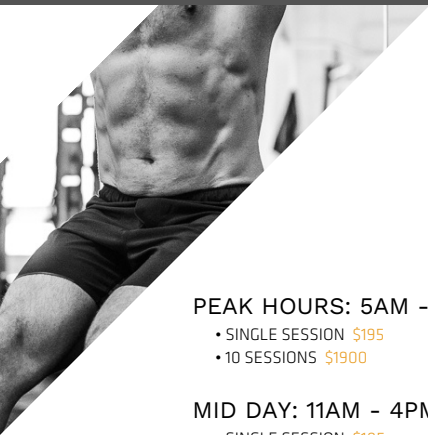
AFTER HOURS: 4PM - 8PM

- SINGLE SESSION \$195
- 10 SESSIONS \$1900

VIRTUAL TRAINING

- SINGLE SESSION \$155

WORKOUT PRICE IS DETERMINED BY THE TIME BLOCK IN WHICH A WORKOUT BEGINS
(I.E. 10:45AM START = PEAK)



Naturopathic Medicine

Labs & Consultations

New Patient Package \$1000 + LAB FEES

Existing Patient Retest \$400 + LAB FEES

30-Minute Office Consult \$150

IV Therapy

- I.V. BAG \$190-\$500
- I.V. PUSH \$120-\$200
- INJECTIONS \$30-\$60

Regenerative Medicine (varies)

- PROLO-THERAPY
- P.R.P.
- P.R.P. FACIALS

Testosterone replacement Therapy \$325/MO

- COST OF LABS AND BLOOD DRAWS AS NEEDED
- LAB ANALYSIS AND REVIEWS
- DOSAGE ADJUSTMENTS
- TESTOSTERONE AND OTHER PRESCRIPTIONS INCLUDED

HEALTH OPTIMIZATION SERVICES



Chiropractics and Soft Tissue

Initial Visit: Active Release Techniques (A.R.T.) \$215/Appt.

Follow Up: Active Release Techniques (A.R.T.) \$80/15-Min Appt.
\$160/30-Min Appt.

Kinesio-Taping (Varies)/Treatment

ART/Chiro & Cupping \$160/30-Min Session

Electromagnetic Therapy \$200/30-Min Session

Electromagnetic Therapy & FRC \$300/1-Hr Session